

CENTER FOR DOMESTIC
PEACE.®

Working Together to End Domestic Violence

Abuse is Not Always Physical



Speaker: Meghan Kehoe, Children and Youth
Community Program Division Director

Disclosures:

1. Asking: What in the system allowed this to happen? vs. Complaining about an individual's response
2. No discussion of active cases
3. Focus on identifying improvements that will increase victim safety and abuser accountability PLUS send message to community
24/7 help

Did You
Know?

Domestic Violence is the #1 Violent Crime in Marin County

ALSO:

In the U.S. women account for 85% of the victims of intimate partner violence, men for approximately 15%.⁵

In a national survey of American families, 50% of the men who frequently assaulted their wives *also frequently abused their children.*⁶

What is Domestic Violence?

A **pattern of abusive behaviors** used to exert **power and control** over an intimate partner.

Types of Abuse

**P
E
E
V
S
S
S
S**

**LOVE
IS NOT
ABUSE**

Types of Abuse

Physical

Economic

Emotional

Verbal

Sexual

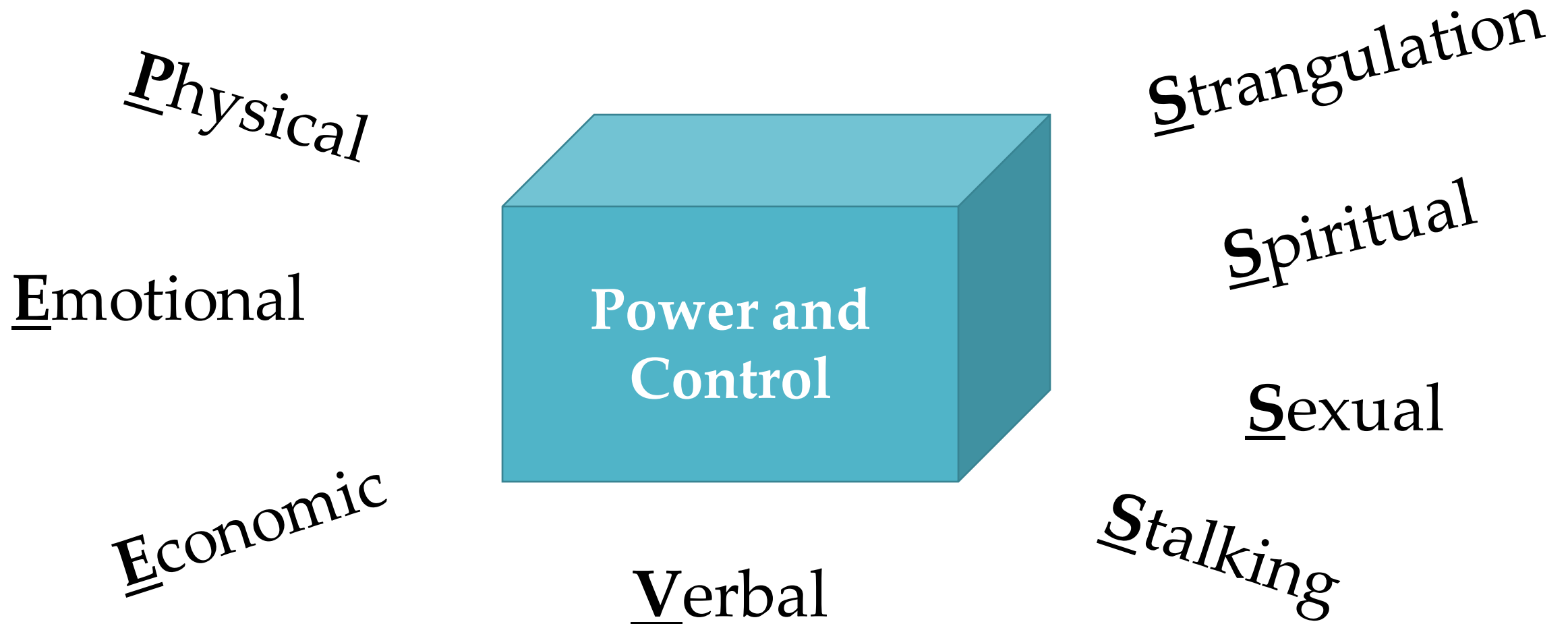
Strangulation

Spiritual

Stalking

LOVE
IS NOT
ABUSE

Types of Abuse: PEEVSSSS



**THE 8 TYPES OF ABUSE:
THE PEEVSSSS
ARE YOU ABUSED?**

Q&A: Types of Abuse

Use the Q&A function on zoom!

Warning Signs:

Are you with someone who...

SUPERIORITY: Does not listen to you

Tells you what to do?

Makes most of the decisions?

Does all the talking?

Blames you?

Puts you down or makes you feel stupid?

Tells you what to wear?

Pressures you to go the next step sexually when you're not ready?



Warning Signs:

Are you with someone who...

POSSESSIVENESS: Thinks you belong to them, even after breaking up

Is jealous & possessive?

Checks up on you?

Checks your cell phone or email without permission?

Accuses you of cheating?

Wants you all to themselves?

Puts down your friends and family?

Scares you?

Makes you afraid of his/her reactions?



Warning Signs:

Are you with someone who...

HAS RIGID AND UNEQUAL GENDER ROLE EXPECTATIONS

Expects girls to do the shopping, cooking and cleaning.

Expects boys to be tough and strong.

Expects girls to be weak and submissive.

Expects girls to obey.

Expects boys to make all decisions and be in charge.



A close-up photograph of a purple chrysanthemum flower. The petals are numerous and layered, creating a dense, textured appearance. The color is a deep, muted purple. Overlaid on the center of the flower is white, bold, sans-serif text.

**WARNING SIGNS OF
UNHEALTHY AND UNEQUAL
RELATIONSHIPS**

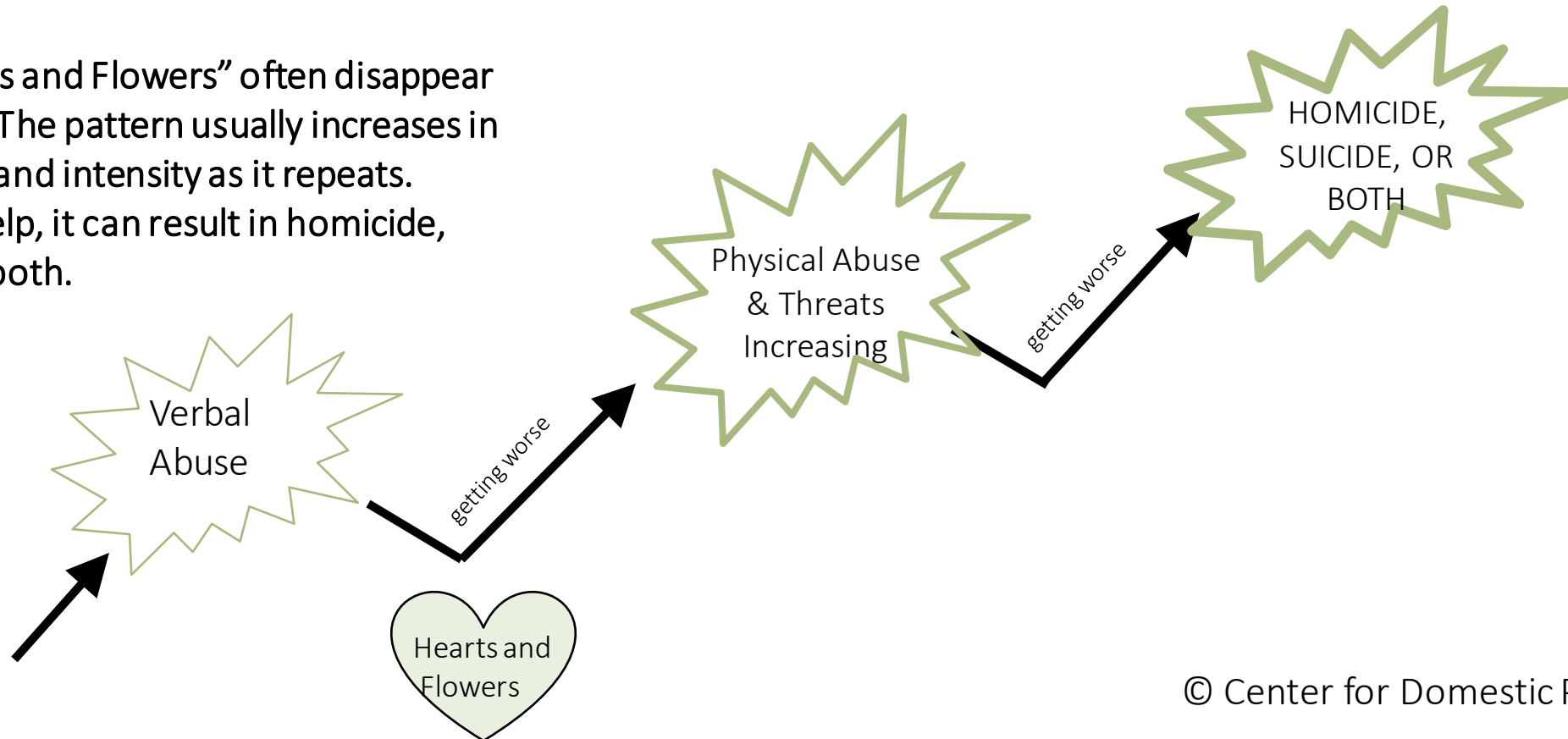
Q&A: Warning Signs


Use the Q&A function on zoom!

The Pattern of Abuse:

This is the abusive controller's pattern; they have control over the frequency and severity.

The “Hearts and Flowers” often disappear over time. The pattern usually increases in frequency and intensity as it repeats. Without help, it can result in homicide, suicide or both.



A background image of pink flowers, possibly peonies, with a soft, slightly blurred effect. The text is centered over the image.

PATTERN OF ABUSE

Q&A: Pattern of Abuse

Use the Q&A function on zoom!

What to do if you or someone you know *needs help*:

We encourage you to **call 911** and report
your abuse

or a Domestic Violence Hotline:

- National Hotline for
Domestic Violence: **800-799-7233**
- Center for Domestic Peace hotline:
415-924-6616

or visit our website at www.c4dp.org



IT WEBSITE

CENTER FOR DOMESTIC PEACE
Working Together to End Domestic Violence

GET HELP GET INFORMED

LINE / LINEA DE APOYO 24 HORAS 415-924-6616

About Us Contact Us Enroll Now Donate Now Español

Are you in Danger? ¿Estas en Peligro?

Call 911 if you have an emergency.

24-HOUR HOTLINE
Línea directa las 24 horas

415-924-6616

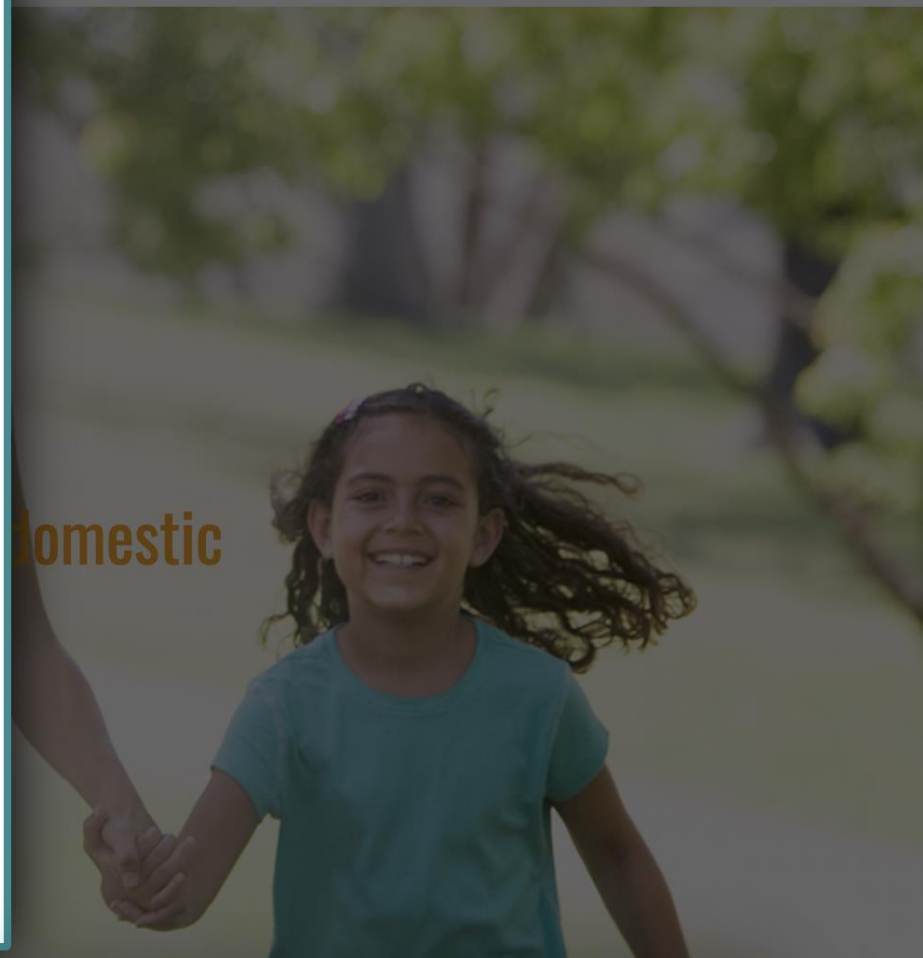
Text: 415-526-2557, 9am – 5pm, Monday – Friday

Emergency shelter and legal systems advocacy appointments: 415-924-6616

Therapy and support groups: 415-526-2553 9am – 5pm, Monday – Friday

Walk-in assistance: 734 A Street, San Rafael 9am – 5pm, Monday – Friday

CLOSE



EXIT WEBSITE

24 24-HOUR HOTLINE / LINEA DE APOYO 24 HORAS 415-924-6616



CENTER FOR DOMESTIC
PEACE®

Working Together to End Domestic Violence

HELP ▾

GET INFORMED ▾

GET ACTIVE ▾

About Us ▾

Contact Us

Enroll Now

Donate Now



Español

TU VOZ,
MI VOZ

We lead a comprehensive
community effort to end domestic
violence in Marin County.





Working Together to End Domestic Violence

- GET HELP ▾
- GET INFORMED ▾
- GET ACTIVE ▾

- About Us ▾
- Contact Us
- Enroll Now
- Donate Now
-   Español



**TU VOZ,
MI VOZ**

We lead a comprehensive community effort to end domestic violence in Marin County.



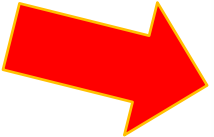


TU VOZ,
MI VOZ

We lead a comprehensive community effort to end domestic violence in Marin County.



Get Informed	How our Community is Responding	Get Informed About
C4DP Program Overview	Our Work to End Domestic Violence	Programs to Stop Abuse (ManKind/WomenKind)
Community Organizations That Can Help Now	Community Organizations That Can Help	Animal Abuse
C4DP Information Packet	Marin's Coordinated Community Response to Domestic \	Impact of Domestic Violence on Children/Youth
What is Domestic Violence	-Resources for Marin CCR	Teen Dating Abuse
Signs of an Unhealthy Relationship	Strategies to Address Abuse in our Community	Sex Trafficking
FAQs About Domestic Violence	Professional Trainings	Sexual Assault
Impact of Domestic Violence on Children/Youth	Voces de Cambio. Voices of Change	Stalking
Legal Advocacy Services	For Schools	LGBTQ and Domestic Violence
Know Your Rights	For Medical and Mental Health Professionals	Immigrants
Online and Computer Safety Tips to Protect Yourself		Domestic Violence in Faith-Based Settings



Domestic Violence Resources and Information Packet

Below is a list of resources pertaining to domestic violence and abuse. Click on the name to download the PDF.

Click here for Spanish language packet.

Click here for videos in English and Spanish of the information below.

[Warning Signs of Unhealthy and Unequal Relationships](#)

[DV Fact Sheet](#)

[The 8 types of Abuse_PEEVSSSS](#)

[C4DP Services and Programs 2022](#)

[5 Ways You Can Assert Your Rights to Safety in Relationships](#)

[Are You Abusive?](#)

[Patterns of Abuse](#)

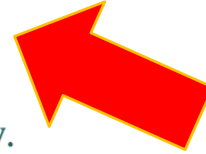
[Penal Codes and Definitions](#)

Domestic Violence Resources and Information Packet

Below is a list of resources pertaining to domestic violence and abuse. Click on the name to download the PDF.

[Click here for Spanish language packet.](#)

[Click here for videos in English and Spanish of the information below.](#)



[Warning Signs of Unhealthy and Unequal Relationships](#)

[DV Fact Sheet](#)

[The 8 types of Abuse_PEEVSSSS](#)

[C4DP Services and Programs 2022](#)

[5 Ways You Can Assert Your Rights to Safety in Relationships](#)

[Are You Abusive?](#)

[Patterns of Abuse](#)

[Penal Codes and Definitions](#)

Q&A: Getting help

Use the Q&A function on zoom!

Thank you